



## AVENOR COLLEGE SUMMER SCHOOL MENU: JULY 27<sup>TH</sup> – 31<sup>ST</sup>

### Nursery

Day	Meat Menu
<b>Monday</b>	<p><b>Lunch:</b> Chicken broth Chicken stew with mashed potaoes Tomato salad with onions and peppers Wheat bread</p> <p><b>Snack:</b> Yoghurt and banana</p>
<b>Tuesday</b>	<p><b>Lunch:</b> Minestrone soup Fish balls with vegetables Mixed green salad with seeds Wheat bread</p> <p><b>Snack:</b> Cheese cake and nectarine</p>
<b>Wednesday</b>	<p><b>Lunch:</b> Turkey broth with dumplings Grilled turkey with potato wedges Green salad with onions and radishes Wheat bread</p> <p><b>Snack:</b> Sandwiches with spreadable cheese and cucumber and apple</p>
<b>Thursday</b>	<p><b>Lunch:</b> Veal broth with meat balls Oven beef and pilaf with vegetables Cabbage salad Wheat bread</p> <p><b>Snack:</b> Apple crumble and melon</p>
<b>Friday SIMPLY VEGETARIAN</b>	<p><b>Lunch:</b> Cream of pumpkin soup with croutons Pasta Quattro Formaggi Greek salad Wheat bread</p> <p><b>Snack:</b> Pancakes with jam and banana</p>