

## Wellbeing in Avenor: A Multidisciplinary Approach

For school year 2018-2019  
 Date of approval: 20.08.2018

### 1. Purpose

This policy has the purpose of providing a comprehensive, whole school and all-hands perspective on wellbeing and ensure that the educational process is supported by positive relationships and harmony between all the members of our community.

At Avenor College, we are aware of the importance of facilitating wellbeing amongst all the members of our community.

We understand that wellbeing includes the following categories:

<b>Wellbeing</b>				
<b>What?</b>	<b>Personal, Social and Health Education</b>	<b>Guidance and Counselling</b>	<b>Learning Outside of the Classroom</b>	<b>Co-Curricular Clubs</b>
<b>Associated Policies (Deliverables)</b>	PSHE Policy and Procedures	Guidance and Counselling Policy and Procedures	Learning Outside the Classroom Policy and Procedures	Co-Curricular Clubs Policy and Procedures
	Special Educational Needs Policy Gifted and Talented Children Policy Anti-Bullying Policy Child Protection Policy Behaviour Policy Spiritual, Moral, Social and Cultural Development Policy			
<b>Target Groups</b>	Students	Students Parents Teachers Staff members	Students	Students

<b>Who?</b>	Counsellors Teachers	Counsellors	Counsellors Teachers	Counsellors Teachers
<b>When?</b>	PSHE Form Time	In individual meetings, upon request	LOTG School Events Trips	After the curricular classes, depending on the schedule of each group
<b>How?</b>	See Wellbeing Action Plan and Whole School Approach Addendum			
<b>Mentions</b>	<p>Wellbeing will be promoted taking into account the mission, vision, values and bilingual character of our school.</p> <p>Each member of staff will contribute in promoting wellbeing in accordance with their profession, making use of methods specific for that profession (teaching plans, counselling techniques, etc.).</p> <p>Each staff member should be fully aware that some issues related to wellbeing exceed their field of expertise and competence and therefore they should communicate the issue to a relevant staff member or institution (e.g. referrals for long-term psychotherapy, speech therapists, social services, special educational needs NGOs, clinical psychologists for evaluation).</p> <p>An honest and transparent communication between all staff members involved in ensuring wellbeing in Avenor is necessary in order to avoid confusions of roles and factual misunderstandings. However, when confidentiality becomes necessary, information will be passed on based on a “need to know” basis.</p>			