

## AVENOR COLLEGE MENU: MAY 13<sup>TH</sup> - 17<sup>TH</sup>

### Nursery

Day	Menu without Meat	Meat Menu
<b>Monday</b>	<p><b>Lunch:</b> Cream of Vegetable soup with croutons Chickpea stew and baked vegetables Vegetable salad Wheat bread</p> <p><b>Snack:</b> Greek yoghurt and cornflakes</p>	<p><b>Lunch:</b> Chicken soup with dumplings Grilled chicken legs and baked vegetables Vegetable salad Wheat bread</p> <p><b>Snack:</b> Greek yoghurt and cornflakes</p>
<b>Tuesday</b>	<p><b>Lunch:</b> Russian broth Grilled zander with baked root vegetables Mixed green salad with lemon dressing Wheat bread</p> <p><b>Snack:</b> Apple pie and banana</p>	<p><b>Lunch:</b> Russian broth Grilled zander with mashed potatoes Mixed green salad with lemon dressing Wheat bread</p> <p><b>Snack:</b> Apple pie and banana</p>
<b>Wednesday</b>	<p><b>Lunch:</b> Cream of tomato soup with croutons  Vegetable curry with pilaf Coban salad Wheat bread</p> <p><b>Snack:</b> Mini sandwiches with cheese and tomatoes and pear</p>	<p><b>Lunch:</b> Rădăuțeană broth (turkey broth with sour cream) Grilled turkey with pilaf Coban salad Wheat bread</p> <p><b>Snack:</b> Mini sandwiches with cheese and tomatoes and pear</p>
<b>Thursday</b>	<p><b>Lunch:</b> Peasant broth Vegetable patties and potato wedges Cabbage salad Wheat bread</p> <p><b>Snack:</b> Greek yoghurt and Granola</p>	<p><b>Lunch:</b> Beef broth Oven beef and potato wedges Cabbage salad Wheat bread</p> <p><b>Snack:</b> Greek yoghurt and Granola</p>
<b>Friday</b> <b>SIMPLY</b> <b>VEGETARIAN</b>	<p><b>Lunch:</b> Vegetable broth Bulz țărănesc (polenta with cheese and eggs) Vegetable sticks Wheat bread</p> <p><b>Snack:</b> Cherry sponge cake apple</p>	<p><b>Lunch:</b> Vegetable broth Bulz țărănesc (polenta with cheese and eggs) Vegetable sticks Wheat bread</p> <p><b>Snack:</b> Cherry sponge cake apple</p>